I hereby authorize the directors and employees of Monmouth University Boys and Girls Pre-Season Conditioning Soccer Camp to act for me according to their best judgement in any emergency requiring medical attention. I hereby waive and release all camp employees from any and all liability from injuries and illness while at camp.

Parent’s or Guardian’s Signature

www.monmouth.edu/athletics/summercamps/summercamps.asp
# Camp Director

Harvey Meldrum  
Monmouth University  
Assistant Women’s Soccer Coach

About to begin his third season as part of the Women’s Soccer Coaching staff, Meldrum has played at the high school, college and semi-pro and professional levels. He holds a USSF Coaching Licence and an Advanced National Diploma and Levels I & II Goalkeeping diplomas from the NSCAA. In addition to his duties with Monmouth, Meldrum is also the head goalkeeper coach for New Jersey ODP and a member of the ODP Region I Coaching Staff.

# Featured Guest Clinician

Larry Gardner

Larry Gardner is a certified Performance Enhancement Specialist with the National Association for Sports Medicine and a Certified Strength and Conditioning Specialist with nearly 40 years of experience in coaching and training elite level athletes. Gardner’s original interests were in the areas of Track & Field and Weight Training. In 1979, he began officiating soccer and quickly rose through the ranks to become a top level college referee. In addition to his position as Director of Physical Performance for the National Intercollegiate Soccer Officials Association, Gardner has been invited to work with the referees of MLS, the English F.A. and the Argentine Professional Soccer Officials Association. Because of his love for the game, Gardner has turned his attention to providing appropriate methods of strength, speed and endurance training. Gardner will be releasing his second book this year geared specifically to the conditioning of soccer players.

# Camp Information

**About the Camp**

This camp, designed for the advanced player, will be one of the toughest and most rewarding soccer-specific speed, agility and endurance workouts you will ever experience. Under the instruction of Larry Gardner, players will prepare themselves for those tough 2- and 3-a-day practices at their respective schools.

**Ages and Times**

<table>
<thead>
<tr>
<th>Age</th>
<th>Time</th>
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<tbody>
<tr>
<td>Ages 13 - 15</td>
<td>3:30 p.m. - 5:30 p.m.</td>
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<tr>
<td>Ages 16 &amp; Up</td>
<td>6:00 p.m. - 8:00 p.m.</td>
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**Location & Facilities**

Monmouth University’s beautiful 147-acre campus in West Long Branch serves as the camp site. The camp will utilize the institution’s natural grass practice fields.

**Things to Bring**

- T-shirts
- Cleats
- Water Bottle
- Shorts
- Shinguard
- Soccer Ball
- Socks
- Sneakers

**Cost**

$175.00 per camp includes daily soccer instruction and a camp t-shirt.

For information on team discounts, please call (732) 571-4410.

**Deposit**

A NON-REFUNDABLE deposit of $50.00 for the week must accompany your application to secure a place at camp. Applications are due by July 1, 2004.

**Sibling Discount**

A sibling discount of 10% will be given to the second child attending the same camp on the same week.

**Medical Forms**

A form will be sent upon receipt of your application. It MUST be completed by a parent or guardian and returned before the start of camp. Medical forms may be downloaded at the Monmouth University athletics web site.

**Directions**

From the Garden State Parkway - Exit 105. Take Route 36 to Route 71. Turn right onto Route 71, continuing as Route 71 forks into Cedar Avenue (stay left). Go through one traffic light and at second light, turn right onto Norwood Avenue. Make the first right into the parking lot adjacent to the Great Lawn grass practice fields.

**Additional Info**

Contact the MU Athletics Department at (732) 571-4410. Or Harvey Meldrum at 732-528-1234.

[www.monmouth.edu/athletics/summercamps/summercamps.asp](http://www.monmouth.edu/athletics/summercamps/summercamps.asp)