LOCATION & FACILITIES
Monmouth University's beautiful 147-acre campus in West Long Branch. The camp will utilize the institution's grass practice fields.

CAMP PHILOSOPHY
The Hawks Girls Lacrosse Camp is designed to help each camper improve her skills while gaining a better understanding of the sport. The participants will be grouped according to age and ability in order to attain the maximum benefit from the instruction.

THINGS TO BRING...
All campers should bring the following items to participate in all activities:
- Mouthguard
- Cleats
- Water bottle
- Lacrosse Stick
- Swimsuit
- Towel
- Goalie Equipment (goalies)

LACROSSE CAMP
DATE: July 7-11
TIME: 9 a.m. to 3 p.m.
     (Friday pickup at 12 p.m.)
AGE: Girls entering grades 7-12
TUITION: $200 per camper
         (lunch included)

About Sue Cowperthwait
Sue Cowperthwait is in her third season as a head coach at Monmouth University and in her fourth season as a member of the Hawks coaching staff.

In her first season at the helm, Cowperthwait guided Monmouth to its best season to date as the Hawks posted a 12-8 mark, won their first ever Northeast Conference title and made their first ever appearance in the NCAA Tournament. Last season, the Hawks came within one game of making a repeat appearance in the NCAA Tournament.

Cowperthwait enjoyed a stellar collegiate playing career at Virginia Tech. A four-year starter on defense for the Hokies, she earned All-Atlantic 10 and Atlantic 10 Defensive Player of the Year honors as a senior in 1999. That year, Cowperthwait also led VT to an Atlantic 10 Conference championship and the Hokies finished the season ranked No. 20 in the nation.

A native of Media, Pa., Cowperthwait earned a bachelor’s degree in business management from Virginia Tech in 1999. Cowperthwait is currently pursuing her master’s degree in business administration at Monmouth.

About Abby Morgan
Morgan is in her second season as a member of the Hawks’ coaching staff. A four-year starter at the University of Connecticut, Morgan tallied over 140 points during her playing career. A two-captain, Morgan led her team with 17 assists and added 12 goals as a senior. During her junior season she paced the Huskies with 48 points on 20 goals and 28 assists. She ranked eighth in the nation that year in assists with 1.75 per game.

A native of West Chester, Pa., Morgan was a four-sport athlete at Great Valley High School where she ended her career with 10 letters.

The camp staff is highlighted by coaches and players from Monmouth University’s Division I program. Coaches from other colleges and high schools will also be on staff.

Payment Details
A non-refundable deposit of $100.00 for the week must accompany your application to secure a place at camp.

Please Make Checks Payable To:
Monmouth University Lacrosse Camp
Send Deposit & Application To:
SUE COWPERTHWAIT
ATHLETICS DEPARTMENT
400 Cedar Avenue
West Long Branch, NJ 07764

Children attending multiple camps in different sports must pay with separate checks.

Medical Forms
A form will be sent upon receipt of your application. It MUST be completed by a parent or guardian and returned before the start of camp. Medical forms may be downloaded at the Monmouth University athletics web site.

Directions
From the Garden State Parkway - Exit 105. Take Route 36 to Route 71. Turn right onto Route 71, continuing as Route 71 forks into Cedar Avenue (stay left). Go through one traffic light and at the second, turn right onto Norwood Avenue. Make first right into parking lot adjacent to the Great Lawn grass practice fields.

For Additional Information
Contact the MU Athletic Department at (732) 571-3415 or (732) 263-5556 for additional information.
Monmouth University
Girls Lacrosse Camp
Cedar Avenue
West Long Branch, NJ 07764

Name: ___________________________________
Address: __________________________________
City: _____________________________________
State: _____________________
Zip: ________________
Home Phone: ______________________________
Emergency Phone: _________________________

Name of Your School: _______________________
Coach: ___________________________________
Age: _______
Pos: _______
Years Played: _______
Grade You’ll Enter This Fall: _____________

Circle T-Shirt Size (Adult):
S
M
L
XL

Please send additional brochures to my friends
Name: _______________________________________
Address: _____________________________________
City: _________________________________________
State: ___________________
Zip: __________________

I hereby authorize the directors and employees of
Monmouth University’s Girls’ Lacrosse Camp to act
for me according to their best judgment in any
emergency requiring medical attention. I hereby
waive and release all camp employees from any and
all liability from injuries and illness while at camp.

Parent’s or Guardian’s Signature: ____________________________

FOR OFFICE USE ONLY

Camp Dates
July 7-11, 2003
9 a.m. to 3 p.m.
(Friday pickup at 12 p.m.)

$200.00 ($100.00 deposit)

Please Tear Here