



MONMOUTH UNIVERSITY

HAWKS LACROSSE

ATHLETICS COMMUNICATIONS • Cedar Avenue • West Long Branch, NJ 07764-1898

2001 QUICK FACTS

TEAM INFORMATION

2001 Overall Record: 12-7

2001 NEC Record/Finish: 6-0/1st

Key Starters:

- Meg Brown (So., A, 2nd leading scorer)
- Heather Bryan (Sr., M, 2000 & 2001 NEC Player of the Year)
- Lisa Cherill (So., M, 2001 1st-team All-NEC)
- Kristen Hall (Sr., M, 2001 2nd-team All-NEC)
- Erika Kauffman (Sr., D, 2001 2nd-team All-NEC)
- Stephanie LaGrossa (Jr., M, 2001 2nd-team All-NEC)
- Stacy Makris (Jr., G, 2001 2nd-team All-NEC)
- Jess Salvesen (Sr., A, 3rd leading scorer)
- Beth Watts (Sr., D, 2001 1st-team All-NEC)

COACHING INFORMATION

Head Coach: Sue Cowperthwait (Virginia Tech, 1999)

Record at MU: 12-7

Career Record: 12-7

Assistant Coaches:

- Lisa Pfeiffer (Virginia Tech, 2000)

Lacrosse Office Phone: (732) 263-5556

GENERAL INFORMATION

Location: West Long Branch, N.J.

Founded: 1933

Enrollment: 5,369 (3,419 undergraduate)

President: Dr. Rebecca Stafford

Athletic Director: Dr. Marilyn McNeil

Conference: Northeast Conference

Nickname: Hawks

Colors: Royal Blue and White

Home Field: Kessler Field

ATHLETIC COMMUNICATIONS

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2001 RESULTS (12-7, 6-0NEC)

Date	Opponent	Time
03/05	☉ vs. St. Bonaventure	W, 14-4
03/07	☉ vs. Duquesne	L, 9-11
03/08	☉ vs. Holy Cross	W, 9-8
03/17	at Virginia Tech	L, 10-13
03/21	OHIO STATE	L, 7-14
03/30	LAFAYETTE	L, 6-11
04/01	at Pennsylvania	L, 3-12
04/04	BUCKNELL	W, 9-2
04/07	★ UMBC	W, 10-9
04/08	★ MOUNT ST. MARY'S	W, 8-5
04/11	★ at Central Connecticut State	W, 13-2
04/13	★ WAGNER	W, 14-4
04/17	at American	L, 5-8
04/21	★ at Quinnipiac	W, 20-2
04/22	★ at Sacred Heart	W, 12-3
04/25	at Fairfield	W, 14-6
04/29	at Boston College	L, 10-11
05/03	★ MOUNT ST. MARY'S	W, 18-6
05/05	★ UMBC	W, 14-9

☉ - Bermuda

★ - Northeast Conference Game

☆ - NEC Tournament Semifinal (W. Long Branch, N.J.)

☆ - NEC Tournament Championship (W. Long Branch, N.J.)

2000 RESULTS (13-4, 5-1NEC)

Date	Opponent	Time
03/11	VILLANOVA	W 14-7
03/18	at Bucknell	W 9-3
03/21	FAIRFIELD	W 15-1
03/25	BOSTON COLLEGE	W 10-5
03/26	at Lafayette	L 11-13
04/01	★ at UMBC	L 11-17
04/02	★ at Mount St. Mary's	W 12-6
04/08	at Lehigh	W 18-10
04/12	★ CENTRAL CONNECTICUT ST.	W 23-5
04/15	★ QUINNIPIAC	W 13-5
04/16	★ SACRED HEART	W 12-4
04/19	ALBANY	W 20-5
04/22	★ at Wagner	W 10-0
04/26	AMERICAN	W 17-9
04/29	PENNSYLVANIA	L 10-11
05/06	★ vs. Mount St. Mary's	W 11-8
05/07	★ vs. UMBC	L 12-13

★ - Northeast Conference Game

☆ - NEC Tournament Semifinal (Staten Island, N.Y.)

☆ - NEC Tournament Championship (Staten Island, N.Y.)

THE TERRAPINS: Monmouth could not have drawn a more formidable opponent for its first-ever appearance in the NCAA Tournament. In Maryland, Monmouth will face the six-time defending National Champion and owners of a 39-game winning streak. The Terrapins own a 19-0 mark entering the NCAA Tournament, marking the sixth time that UofM has entered the NCAA Tournament with a unblemished record (1980, 1994, 1995, 1996 and 1999). The top-ranked Terrapins have faced 10 of the teams in the 16-team tournament field and Maryland posted a 12-0 record against tournament teams, including two wins each vs. No. 2-seed Duke (18-11 and 15-12) and No. 8-seed Virginia (8-7 and 7-6). Maryland also has single wins over No. 3-seed Georgetown (13-9), No. 4-seed Dartmouth (12-11), No. 5-seed Princeton (7-6), No. 6-seed North Carolina (8-7), No. 7-seed Loyola [Md.] (16-12), No. 9-seed James Madison (16-6), No. 10-seed William & Mary (17-5), No. 11-seed Syracuse (11-7) and No. 13-seed Penn State (14-8).

TWO-SPORT STANDOUT: Senior defender Beth Watts has excelled at two sports while in West Long Branch. The Unionville, Pa., native was a two-time All-NEC performer for the Hawks' field hockey team as well as being a two-time All-NEC athlete on the lacrosse pitch. This season, she led Monmouth to the regular-season NEC title in both sports, earning first-team All-NEC honors in field hockey and lacrosse. Last year, Watts earned Mid-Atlantic Regional All-America and second-team All-NEC honors in lacrosse.

COACH OF THE YEAR: First-year head coach Sue Cowperthwait was named the Northeast Conference Coach of the Year on May 2. Cowperthwait has guided the Hawks to a 12-7 overall record and their first-ever NCAA Tournament appearance. She guided Monmouth to a perfect 6-0 record in NEC play as the Hawks won the league's regular-season crown for the first time ever. She then led the troops to a 18-6 victory over Mount St. Mary's and a 14-9 win over UMBC to win the school's first tournament title. She became the second Hawks' coach to be tabbed NEC Coach of the Year, joining Shari Krasnoo who earned the honor in 1998.

MONMOUTH'S GOALTENDER: Junior goaltender Stacy Makris has started all 53 games for the Hawks during her three-year career. She owns a 38-15 record in goal for the Hawks. This season, she earned second-team All-Northeast Conference honors. She allowed just 40 goals in Monmouth's eight games vs. Northeast Conference competition. In the most recent NCAA statistical release, she ranked 14th in the country with a 7.77 goals against average. Last year, she ranked in the top 10 in the country in goals-against average (7th - 7.19) and save percentage (9th - .601). As a freshman, she earned Northeast Conference Newcomer of the Year status as she ranked 18th nationally and first in the NEC with a .553 save percentage.

ALL-TIME SERIES: This marks the first match ever between Monmouth and Maryland. It also marks Monmouth's first-ever match vs. a member of the Atlantic Coast Conference.

COMMON OPPONENTS: Maryland and Monmouth played two common opponents this season: UMBC and Ohio State. Monmouth defeated UMBC twice (10-9 and 14-9), while losing to Ohio State, 14-7. Maryland beat both teams once, defeating UMBC, 23-2, and Ohio State, 19-2.

THE SEVEN-YEAR PLAN: After beginning its program in 1995, the Hawks have risen quickly in their first seven years. Monmouth struggled early on posting a 3-6 mark in 1995 and a 4-11 record in 1996. Shari Krasnoo's Hawks started a trend in their third year as they posted a 10-3 record in 1997. Now, MU has strung together five consecutive winning seasons and five consecutive 10-win campaigns. This year's senior class, has an impressive 48-20 mark, including a 19-3 record in NEC regular-season action.

THE GAMES WE PLAY: Senior defender Beth Watts has played in all 68 games for the Hawks during her player career at Monmouth. She ranks at the top of Monmouth's charts in both games played (68) and games started (68), passing Rachel Tringali who played and started in 62 games from 1997 to 2000. Teammate Heather Bryan now ranks second on both charts with 65 games played and started.

MU CAREER RECORDS

POINTS

1. HEATHER BRYAN (1998-)	247
2. Kristy Olivo (1997-2000)	229
3. Rachel Tringali (1997-2000)	217
4. JESS SALVESEN (1998-)	103
5. Heather Blauvelt (1996-99)	100
6. Brenda Ludden (1995-98)	77

GOALS

1. HEATHER BRYAN (1998-)	182
2. Kristy Olivo (1997-2000)	177
3. Rachel Tringali (1997-2000)	113
4. Heather Blauvelt (1996-99)	74
5. Tina Worath (1996-97)	67

ASSISTS

1. Rachel Tringali (1997-2000)	104
2. HEATHER BRYAN (1998-)	65
3. JESS SALVESEN (1998-)	64
4. Kristy Olivo (1996-99)	52
5. Heather Blauvelt (1996-99)	26

THE MAGNIFICENT SEVEN: Monmouth University had seven members of its women's lacrosse team honored as the Northeast Conference held its annual awards banquet at the Holiday Inn in Eatontown, N.J., on May 2. Monmouth took the honor as Heather Bryan was named the NEC Player of the Year for the second consecutive season.

Bryan was selected player of the year in a vote by league head coaches. The high-scoring Bryan led the Hawks to their first-ever NEC regular-season title this spring, as well as the No. 1 seed in this weekend's NEC Tournament. Bryan, a four-time All-NEC honoree, is the first player in NEC Women's Lacrosse history to win the Player of the Year award in back-to-back years. Bryan currently leads the NEC in both scoring (59 points/3.47 ppg) and assists (23 assists/1.35 apg), while ranking second in goals (36 goals/2.12 gpg). Bryan's assist numbers are also tied for 20th in the nation in the latest NCAA statistics. The Medford, N.J., native was a two-time NEC Player of the Week award winner this spring, while helping lead the Monmouth program to its fifth straight 10-win season. Bryan enters the NEC Tournament having piled up an incredible 238 points in her career, tops on the all-time MU and NEC scoring lists. A Monmouth player has won the league player of the year honor in each of the last three years with Kristy Olivo winning the honor in 1999 and Heather Bryan earning the award in 2000 and 2001.

Two other Monmouth players join Bryan as first-team All-NEC performers. Sophomore midfielder Lisa Cherill is a newcomer to the all-conference team after playing an important role in MU's rise to the top of the NEC standings. Cherill netted six goals on the year, while adding 46 ground balls, 25 caused turnovers and 13 draw controls for the Hawks. Senior defender Beth Watts registered a team-high 22 interceptions on the year to spearhead a stingy Monmouth defense that allowed a mere 7.35 goals per game.

The All-NEC second team featured four players from Monmouth. Junior Stephenie LaGrossa netted 16 goals from her attack position, while senior midfielder Kristen Hall, battled back from nagging injuries all year to earn a place on the all-conference squad. Senior defender Erica Kauffman was a key factor in Monmouth's success this year, while junior goalkeeper Stacy Makris ranks second in the league in goals-against average (7.77 gaa) and third in save percentage (.518).

Monmouth's seven representatives on the two All-NEC squads ranked first among the league's schools. UMBC had six players recognized, including a league-high four members on the first team. Wagner had four honorees, while Sacred Heart and Quinnipiac had three and one, respectively.

SCORE ONE FOR OLD NORTH SHORE: Monmouth's second-leading scorer Meg Brown and Maryland's third-leading scorer Alison Comito both hail from North Shore High School in Glen Head, N.Y. Brown, a sophomore and Comito, a senior, played together during Comito's prep senior year in 1997.

THE PRIDE OF THE GARDEN STATE: Monmouth's roster boasts 10 players from New Jersey. Princeton, the Garden State's other entry in the NCAA Tournament, has just two New Jersey players on its roster.

McLEAN, VIRGINIA (Population 38,168): McLean, Va., is a hotbed for women's lacrosse goaltenders. Both Monmouth starter Stacy Makris and Virginia second-stringer Virginia Soloman list McLean, Va., as their hometown. The two did not attend the same high school as Makris went to McLean High School and Soloman matriculated at Georgetown Day School.

MU SEASON RECORDS

POINTS

1. HEATHER BRYAN (2000)	81
2. Rachel Tringali (2000)	69
3. HEATHER BRYAN (2001)	68
4. Kristy Olivo (1999)	63
5. Rachel Tringali (1999)	58

GOALS

1. HEATHER BRYAN (2000)	60
2. Kristy Olivo (1999)	51
3. Kristy Olivo (1998)	48
4. HEATHER BRYAN (2001)	44
HEATHER BRYAN (1999)	44
6. STEPHENIE LAGROSSA (2000)	43
Kristy Olivo (1996)	43

ASSISTS

1. JESS SALVESEN (1999)	35
Rachel Tringali (2000)	35
3. Rachel Tringali (1998)	28
Rachel Tringali (1998)	28
5. HEATHER BRYAN (2001)	24
6. HEATHER BRYAN (2000)	21

HEATHER BRYAN

2000 & 2001 NORTHEAST CONFERENCE PLAYER OF THE YEAR



Monmouth's first All-America in lacrosse... Two-time Northeast Conference Player of the Year...

Monmouth's career leader in goals, points scored.

2001 (Senior): Tabbed Northeast Conference Player of the Year for the second consecutive season... Named Monmouth University's Female

Athlete of the Year for the second straight year... Tabbed All-NEC for the fourth time... Led Northeast Conference in scoring (68 points) and assists (24)... Ranked second in the league in goals scored (44)... Won Northeast Conference Tournament Most Valuable Player honors with six goals and one assist in NEC Championship game win over UMBC.

2000 (Junior): Earned third-team All-America honors from CollegeLacrosseUSA.com... Also named Northeast Conference Player of the Year... Tabbed first-team Regional All-America... Ranked third in the country in points per game (5.06) and fifth in the nation in goals per game (3.75)... Earned All-NEC honors for the third consecutive season... Named Monmouth University's Female Athlete of the Year... Set Northeast Conference and school records with 60 goals... Also set school record with 81 points on the season... Named NEC Player of the Week on two different occasions... Started all 17 games for the Hawks... Set school record with 11 points vs. Quinnipiac... Tallied seven goals vs. American (4/26)... Booked eight points on five goals and three assists vs. Lehigh (4/8)... Scored eight points with six goals and two assists vs. Albany (4/19)... Logged five goals vs. Boston College (3/25) and Sacred Heart (4/16)... Scored three or more goals in 10 different games... Led team with 63 ground balls.

1999 (Sophomore): Earned All-Northeast Conference honors... Appeared in 15 games, all starts, as a sophomore... Ranked second on the team with 44 goals and third in scoring with 53 points... Goal tally also ranked second in the Northeast Conference... Scored five goals against Drexel (4/15)... Also scored five goals vs. Sacred Heart (4/17)... Booked team-high four goals in NEC semifinal win over Mount St. Mary's... Tallied a point in 14 of her 15 games.

1998 (Freshman): Garnered Northeast Conference Rookie of the Year accolades as a freshman... Tabbed All-NEC... Started all 15 games for the Hawks... Ranked second on the team in goals with 34... Also ranked third among the Hawks in points with 45...

Ranked among the top 10 in the Northeast Conference in points per game (3.07) and goals per game (2.28)... Scored in all but two games.

HONORS

- 2001 NEC Tournament Most Valuable Player
- 2001 NEC Player of the Year
- 2001 Monmouth Female Athlete of the Year
- 2001 First-team All-NEC
- 2001 Preseason second-team CLUSA.com All-America
- 2001 Regional All-America
- 2000 Third-team CLUSA.com All-America
- 2000 NEC Player of the Year
- 2000 Monmouth Female Athlete of the Year
- 2000 First-team All-NEC
- 1999 First-team All-NEC
- 1998 All-NEC
- 1998 NEC Rookie of the Year



BRYAN'S CAREER STATISTICS

Year	GP/GS	GLS	AST	PTS	SH	GB
1998	15/15	34	11	45	88	17
1999	15/15	44	9	53	66	37
2000	16/16	60 ^{^*}	21	81 [*]	125	63
2001	19/19	44	24	68	128	69
Career	65/65	182^{^*}	65	247^{^*}	407	186

* - Monmouth record; ^ Northeast Conference record.

High School: Three-sport standout at Shawnee High School in Medford, N.J... Lettered four years as a center on Coach Sue Rudderow's squad... Guided Shawnee to a 19-0 record and a state title in 1997... Helped team to three league championships... Led state of New Jersey in scoring as a senior with 89 goals... Tabbed South Jersey Player of the Year as a senior... Earned all-state, all-county and all-conference honors as a junior and senior... Also lettered two years in soccer and two years in field hockey... Helped soccer team to a league championship in 1994... Led field hockey team to a league title in 1996.