

# MONMOUTH UNIVERSITY

## MARJORIE K. UNTERBERG SCHOOL OF NURSING AND HEALTH STUDIES

### Notes on Nursing

*“Education is not the filling of a pail, but the lighting of a fire.”*

#### From the Dean’s Desk

Marilyn M. Lauria, R.N. Ed.D.

September, for some it signals a new beginning and for others it simply marks the change of seasons. At the University the pace picks up considerably, but this year has been extraordinary. At the School of Nursing and Health Studies we have seen a significant increase in enrollment, with new students registering right up to the start of classes. The faculty and the staff worked very hard to accommodate both individual schedules and academic requirements. This process is challenging for everyone!

With the increase in enrollment many classes are nearing capacity for the coming semester. We encourage students to meet with your advisors in October so that we can help you to register for the Spring semester if you have not already done so. For Alumni who may be interested in returning to school, we encourage you to get your applications in as soon as possible.

One area that has generated interest and new student enrollment is the Forensic Nursing program. We have received many inquiries from across the country from nurses who are interested in this area. At this time we are exploring the possibility of developing forensics as a distance learning or on-line program.

On September 15, we held the initial meeting of the New Jersey State School Nurse Educators Consortium on campus. This provided the educators and the school nurses an opportunity to discuss the School Nurse roles and requirements as well as legislative issues.

You are probably aware that Monmouth University has seen a great deal of growth over the last several years. With student enrollment breaking records, the campus is bustling with students, construction and landscaping crews. Not all the changes to the landscape this summer were planned. The major storm that hit the shore in August created havoc in many of the surrounding areas. Monmouth University saw a great deal of damage to campus buildings and grounds. The day after the storm it looked as though a bulldozer had cleared the lawn in front of Wilson Hall. It was disheartening to see the devastation that could occur in such a short time.

If you have not visited the University of late, you might be surprised to see the new construction. On the North corner of the grounds the newest building, The Jules L. Plangere Center for Communication and Technology, was completed this summer. An underground tunnel now provides safe pedestrian travel across Cedar Avenue connecting the dorms and library with the main campus. Change can be difficult but there is a positive atmosphere at Monmouth Uni-

#### *In this issue*

<b>From the Dean’s Desk</b>	<b>1</b>
<b>Milestones</b>	<b>2 &amp; 3</b>
<b>Health &amp; Technology :</b>	<b>3</b>
<b>Sigma Theta Tau Inductees</b>	<b>4</b>
<b>Continuing Education &amp; Registration</b>	<b>5&amp;6</b>

## Notes on Nursing Student & Faculty News

### Milestones - Welcome to Professor Diane Meehan

*On behalf of the faculty, the staff and the "Monmouth University Community" we welcome Professor Diane Meehan. Diane joins the School of Nursing and Health Studies as an Assistant Professor with 23 years of Nursing experience. She is a practicing Family Nurse Practitioner working in pediatrics and adult care at Staten Island University Hospital. Diane appreciates the proactive role of the Nurse. When asked what drew her to the Nursing profession, Diane stated, "Through Nursing, you can almost always effect a positive change in people."*

*At this time Professor Meehan is preparing to defend her dissertation at Aldelphi University. The topic of her research is "The Experience of Mothering a 3-6 year old with hemi-paresis." She concentrated on this area of study because of a personal experience with her own child. As a nurse she felt that there should be greater understanding in this area. She found little in the literature to help Nurses or families regarding pediatric stroke.*

*Diane is married and has 2 daughters, Erin who is 16 and Kayla who is 3. She laughed when asked about her interests outside of nursing. With a smile, she commented, "There is very little time left after work, family and graduate school. Entertainment? What's entertainment?"*

### Faculty

*Dr. Cira Fraser-presented a program entitled "Wellness and Multiple Sclerosis" for the Consortium of Multiple Sclerosis Centers International Conference with Jane Johnson of King's College Hospital N.H.S. Trust of London, England. She presented Multiple Sclerosis and Disease Modifying Agents at the JFK Rehabilitation Institute for The American Association of Neuroscience Nurses Chapter Meeting in Edison New Jersey in March.*

*Laura Jannone, RN, MS-presented her Pediatric Assessment Program to the School Nurse Educator Consortium Group at the National Association of School Nurses National Conference in Orlando in June. In July she presented a program on Cardiovascular Assessment of the School Age Child to the National Association of School Nurses Regional Conference in Atlantic City. She received the Isabel H. Robb scholarship at Teachers' College at Columbia University where she is a Doctoral Student in Nursing Education.*

*Dr. Janet Mahoney- presented a poster in August, at the Faculty Development Summer Institute 2002: Pathways to Teaching Excellence" in Toronto, Canada. She had three articles published in 2001. "Leadership Skills for the 21st Century" can be found in the Journal of Nursing Management.*

*Dr. Linda Rosen-was elected chair of the faculty council for the year 2002-2003.*

*Sharon Stark, RN, MSN - gave a podium presentation for the Eastern Nurses Research Society at State College, PA in March. The presentation focused on CNS-NP education. She presented a lecture on "Credentialing for Competence: Licensure, Certification, or Both" at the American Nurses Association 2002, Biennial Convention in Philadelphia. This Spring she presented a poster at the New Jersey State Nurses Association Conference in Atlantic City on "Health Promotion Strategies That Influence Health Outcomes: What Factors Affect Health Promotion Among the Elderly."*



**Hannelore Sweetwood EdD.**

**It is with sadness that we report that Hannelore Sweetwood passed away on March 22, 2002.**

**She was an Adjunct Professor at Monmouth University and an active member of Sigma Theta Tau. She was a leader, researcher, educator, mentor and a friend to many in the nursing community.**

**She will be missed.**

# Notes on Nursing Student & Faculty News



## Current Students & Alumni

**Maryann Crowther, BSN, MSN, APN '99** - received the Janice M. Marchetti Leadership award from the Lambda Delta Chapter of Sigma Theta Tau International Honor Society of Nursing for the year 2002 at the induction program on June 2nd.

**Sue Polito RN, BA**—currently enrolled in the MSN program was selected to receive the Health Research and Educational Trust of NJ Career Scholarship.

**Laura Sofield, RN, MSN**, is currently enrolled in the Adult Tract NP Advanced Certificate Program. Has received the 2002 Kean University MSN Alumni Award and was the key note speaker at the Sigma, Theta Tau—Iota Mu Chapter at Texas Tech University at Lubbock, Texas for their Research and Leadership conference. She has recently taped a one hour CEU program for Healthnet.

**Tracy Christensen Wolfman, BSN '00**, has opened "We Care-Adult Care" in Middletown NJ. Now in its third year this center provides day care for senior citizens. This unique facility provides a wonderful service to the community in which clients can receive quality care, supervision, and health services.

## Lambda Delta News

*Notes from Kathy Armstrong—Lambda Delta President 2001-2002*

The Lambda Delta Chapter of Sigma, Theta Tau, held it's annual member induction ceremony on June 2nd 2002 at the Waterview Pavilion in Belmar. The Janice Marchetti Leadership Award was presented to Mary Anne Crowther, RN, MSN, APNC, CCRN. She also received the Governor's Nursing Merit Award for Professional Advanced Practice Nursing.

## **Congratulations to the following new members who were inducted this year!**

### **BSN**

Elizabeth Cunniff  
Lynn M. Haley  
Christina M. Lardino  
Joanne W. McGurl  
Carolann O'Connor  
Marilyn R. Tominus

### **MSN**

Rosario S. Conde  
Kathleen Gelchion  
Paula Imai  
Lolita Jacob  
Lydia Jargowsky  
Virgina Kimerling  
Mary Jean Kinsella  
Donna Knowles  
Donna J. MacLachlan

### **Community Leaders**

Donna Cardillo  
Kathleen Napoliton  
Loretta Ninivaggi  
Patricia A. Reiff  
Rebecca Welter

### **Transfer**

Vicki De Noia  
Robyn Foster  
Christine Landes

## **Monmouth University School Nurse Certificate Program**

*Notes from Laura Jannone RN, MS Program Coordinator*

We were honored to acknowledge the first group of Certified School Nurses as they completed the School Nurse Certificate Program in May. Now congratulations are again in order, 10 of them have already found school nurse positions!

The Monmouth County School Nurses Association (MCSNA) continues to hold meetings at Monmouth University. The following meetings are scheduled at this time: Nov 9, in the Club, 9am-12 (breakfast); Nov 18, Wilson Auditorium, 6-9pm; Jan 13, Wilson Auditorium, 6-9pm; March 24, Wilson Auditorium, 6-9pm; & April 5, in the Club, 9am-12 (breakfast).

If you are not a member of this organization you are welcome to attend, a nominal fee is requested.

**If you would like more information please contact Laura Jannone at 732-263-5457 or Lorraine Chewey, current MCSNA president at 732-531-5690.**

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# Notes on Nursing For Your Information



## Computers and Health: Finding Information on the Internet *Are you tangled in the web?*

There are a variety of ways in which we can approach searching for information on the Web. The most common is to select a general purpose search engine such as Yahoo!, AltaVista, Google, etc. insert a keyword and hope for the best.

More advanced searchers will take the search process a bit higher and use metasearch engines (e.g., Dogpile, Mamma, Profusion, etc.)\* to find the information they want. One of the limitations of these approaches is that we tend to get results which are unevaluated in any formal way. What shows up in the search as a "hit" depends on (among other things) the keywords position on the page of various sites, its frequency of appearance on the "splash" or site home page or if the keyword has been "meta-tagged" as part of the computer code of the site. In addition, to increase the probability of getting more relevant sites, searchers have to use tools such as "Boolean operators" (and, or, not, near etc.) to refine a given research.

An easier way to get more relevant returns is to use search tools which are labeled as either desktop searching tools or client-side metasearch agents. The one I would recommend is Copernic (available for download at <http://www.copernic.com/desktop/index.html>). A free trial version of Version 2001 is available at this site. The advantages of tools such as Copernic is that they (1) query up to 1000 search engines grouped in 96 categories, (2) provide thumbnail description of sites, (3) array returns by relevancy, and (4) offer the ability to export the results of a given search into a Excel file for creating "Webliographies." Importantly, searches can be conducted within given categories of the Web or segments such as health, politics, environment, etc.

Check out Copernic and see if it fits your needs. Happy Searching!

\*lists and examples of types of search engines can be found at <http://www.beaucoup.com>

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### ***Nursing Faculty Position***

***The School of Nursing and Health Studies is currently looking for adjunct faculty for the Spring semester. Possible openings include undergraduate and graduate Nursing and Health Studies courses. Both day and evening sections may be available. If you are interested or know someone who is please send a current resume (C.V.) to Dean Marilyn Lauria at***

***Monmouth University***

***Marjorie K. Unterberg School of Nursing and Health Studies***

***West Long Branch, NJ, 07764***

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### **School of Nursing Contact Information**

**Main Number: Karen Lapenta & Diane Hansen 732 - 571 - 3443**

Dr. Lauria	263-5494	Prof Troiano	571-4431
Dr. Mahoney	263-5271	Prof. Jannone	263-5457
Dr. Rosen	571-3692	Prof. Meehan	263-5216
Dr. Fraser	263- 5294	Barbara Paskewich	571- 3694
Prof. Stark	571- 3691	FAX	263- 5131

***We are always looking for news regarding our students and Alumni for the newsletter. Please contact us if you have something to add. We would love to hear from you!***

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## Notes on Nursing

### Continuing Education



#### ***Avoiding Deadly Food and Drug Interactions- Wednesday, October 2, 5:30-9pm***

This program Will be held at the Club at Monmouth University. The fee is \$45. (\$35. for Monmouth University Students) The club will be open for buffet and seating at 5:30

**Presenter: Marie Miczak, D.Sc., Ph.D., CNC**

This seminar is designed to help the Practitioner develop the knowledge to recognize and prevent deadly food, drug, vitamin and medication interactions. The attendees of this continuing education program will come away with an understanding of which herbal and vitamin products are potentially hazardous and what precautions can be taken.

#### ***Nursing Practice Pitfalls: Reducing your Risk of Liability—***

**Monday, October 21 5:30-9pm**

This legal issues seminar will be held at the Club at Monmouth University from 5:30-9pm. The fee is \$45. & (\$35. for Monmouth University Students). The club will be open for Buffet and seating at 5:30

**Presenter: Paula Garra Sawyer, R.N., J.D.**

This seminar will serve to prepare nurses to recognize areas of potential liability. Practical strategies will be presented to avoid the most common errors and pitfalls encountered on a day-to-day basis by nurses in a variety of settings.

#### ***Adult Physical Assessment Tuesday, November 12 4-8pm***

Nursing Lab 3rd floor McAllan Hall, NJSNA Contact Hours: 4.0 (pending approval by the NJSNA). The fee is \$50. (\$40. for Monmouth University Students). A light dinner is included.

**Presenters: Joel Jannone, M.D., Internal Medicine and Family Practice  
Carol Posch, RN, MSN, CS, APN-CM-C, Internal Medicine and Family Practice**

This 4-hour seminar will demonstrate a systematic approach for the health assessment of the adult client. The focus will be on developing the skills and techniques used for routine screening and evaluation. A series of case studies will be presented to guide the participants in identification of abnormal findings and planning for appropriate treatment methods.

#### ***Pediatric Physical Assessment- Saturday, November 16 9-3pm***

Nursing Lab 3rd floor McAllan Hall, NJSNA Contact Hours: 6.0

The fee is \$60. (\$45. for Monmouth University Students). Lunch is included in the program fee.

**Presenters: Steve Miller, DO, Pediatrician with Navesink Pediatrics  
Laura Jannone, RN, MS, Coordinator of the School Nurse Certificate Program and  
Faculty Member at Monmouth University**

This 6-hour course will focus on the assessment of the school age child. The objectives include developing techniques for assessing and planning appropriate nursing interventions in the following areas: respiratory, cardiovascular, dermatological, musculoskeletal, and psychosocial.

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# Notes on Nursing

## Continuing Education Registration Information

Date of Workshop	Workshop	Registration fee	Monmouth Students	Indicate course here
Wednesday October 2, 2002	Avoiding Deadly Drug Interactions Dinner lecture	\$45.00	\$35.00	
Monday October 21, 2002	Legal issues Dinner lecture	\$45.00	\$35.00	
Tuesday November 12, 2002	Adult Assessment A light supper is included	\$50.00	\$40.00	
Saturday November 16, 2002	Pediatric Physical Assessment Lunch is provided	\$60.00	\$45.00	
<b>TOTAL</b>				

Use one form per person. Duplicate this form for additional registration purposes.

**Please place a check in the box next to the program(s) you plan to attend and include the application fee. Registration must include full payment. Make checks payable to Monmouth University.**

**Refund Policy–Refunds will be granted if the program is canceled due to limited enrollment. If you withdraw from the course at least 5 working days in advance the fee may be applied to another continuing education program (sorry, this does not apply to “no shows”).**

**Program registration is limited so please register early.**  
Please provide the following information:

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Telephone \_\_\_\_\_ (work) \_\_\_\_\_ (home/cell)

Send registration form with check to:

Monmouth University  
Marjorie K. Unterberg School of Nursing and Health Studies  
400 Cedar Ave  
West Long Branch NJ 07764

If you would like more information please contact Barbara Paskewich, Special Projects Coordinator- 732 - 571 - 3694 or email [Bpaskewi@monmouth.edu](mailto:Bpaskewi@monmouth.edu) or visit our page at Monmouth University's site.